

## What parents thought:

*"Fantastic! Really enjoyable and helpful!"*

*"Our biggest problems are related to behaviour so understanding our son's behaviour properly is a very big step!"*

*"This has given me the tools to help with my child's communication."*

*"I can now identify my child's sensory issues and have an idea of practical strategies."*

*"The support of other group members is really valuable."*



## Who to contact?

If you are interested in joining the group or have any questions please contact Sam.

Sam Leach

[Sam.leach@portesbery.surrey.sch.uk](mailto:Sam.leach@portesbery.surrey.sch.uk)

01252 832100



**Cygnets programme**

**Believe in children**



**Barnardo's**

Training and Consultancy

A parenting support programme for parents and carers of children and young people aged 7-18 with an autistic spectrum condition.



## Who will be leading the training?

Sam Leach, Assistant Head Teacher and Cygnet approved trainer, has experience working with children with Autistic Spectrum Disorders both in school and home settings.

## Why Cygnet?

The underpinning value in the development of Cygnet is the belief that if parents and carers have access to appropriate knowledge, skills and support they can often find practical solutions to build confidence in family life.

This has been achieved through:

- listening to parents/carers and young people
- working with inter-agency support
- utilising relevant and practical research materials
- robust long term and independent evaluation methods
- acknowledging the needs of all community groups.



## What does Cygnet cover?

This is a core Cygnet programme which is delivered over six two and a half – three hour sessions which sequentially work towards behaviour management relevant and appropriate for this age group of children and young people.

- Autism and diagnosis
- Communication
- Sensory issues
- Understanding behaviour
- Managing behaviour
- Choice decided by parents/carers

## Where, When and How Much is it?

The programme will run every **Friday** at **Portesbery School, Newfoundland Road, Deepcut, Camberley, GU16 6TA.**

There are 5 core workshops (with an optional additional 6th sibling session) from **4th November to 2nd December.** Sessions begin at **9:30am** with registration. There will be refreshments available and each workshop will end at approximately **midday.**

The programme is **free to join**, all we ask is a contribution towards refreshments.