



Timetable



Pine Ridge Children's Centre, Esher Road, Camberley, Surrey, GU15 4AL 01276 401605

<p><u>Monday</u></p> 	<p>9.30-11.30am Childminder's drop in session for children under 5 years. A messy fun session for children and carers. Please note there is a £1 fee per child if they live outside our Children's Centre reach area.</p>	<p>14th March 11-12pm Sleep workshop for babies 7mths Get tips and support with sleep routines. Bookable session 21st March & 11th April 11-12pm Weaning Workshop. Come along for support and practical tips. Bookable session</p>	<p>21st March 1-2.15pm Easter Craft for under 5's Come and join us for some Easter fun activities Bookable session</p> 
<p><u>Tuesday</u></p> 	<p>9.15-10.30am Baby Weighing Clinic Get your baby weighed, stay for a play and make new friends. 8th & 22nd March, 12th & 26th April Drop-in session</p>	<p>Please Note For Health & Safety reasons we can only accommodate 15 families in our sessions at one time, therefore we may have to turn people away. Thank you for your understanding.</p>	<p>1.15-2.45pm Play & Learn Messy Play for children under 5 years. Dress for mess! Drop-in session</p>
<p><u>Wednesday</u></p> 	<p>10.30-11.30am Baby Massage For babies 8 weeks-8 months. Starts 2nd March, 4 week course. Bookable session</p>	<p>1-2.45pm Maple Midwives Drop-in Clinic Pop in to see a Midwife for support and guidance. Drop-in session</p>	<p>1.00-2.30pm Under 1's Sensory Play Introduce your baby to new sensory experiences. For babies under 1 year. Drop-in session</p>
<p><u>Thursday</u></p> 	<p>9.45-10.30am Sensory soft play for Babies and confident crawlers Come and explore sight and sounds in our relaxing sensory room. Drop-in session</p>	<p>10.45-11.30am Sensory soft play for Steady walkers up to 5 years. Come and explore sight and sounds in our relaxing sensory room. Drop-in session</p>	<p>2-2.45pm Mini Movers @ Pine Ridge School Starts 25th February 4 week course. Movement and dance for 18 months + Bookable session</p>
<p><u>Friday</u></p> 	<p>9.30-11am Under 2's Sensory Play For children under 2 years. Come and explore sensory activities. Drop-in session</p>	<p>1st April 1.30-3pm Under 8's Outdoor Play Come and have fun in our woodland area. Drop-in session</p>	<p>22nd April 1-2.30pm Let's Get Cooking starts 22nd April 5 week cookery course for parents and children aged 3 years + Bookable session</p>

Thursday 31st March 1-2.30pm

Come and play on the Children's Centre Bus
at Lawrence Lodge, Old Dean Road.
Play session for parents/carers and children aged
under 8 years.

Breast Feeding Support is available daily at the centre.
Please feel free to drop in for a friendly chat.

Outreach Support

We all have times in our lives when we need help and support. Please don't feel alone - help is at hand. Confidential, independent support is available for families with children under five. Services can be adapted to meet individual needs.

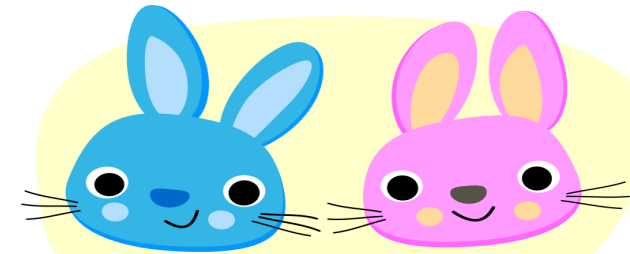
Children's Centre Staff

Sandy Ball & Paula Harris
Centre Managers
Sandy Ball, Sam Lye
& Tiffany Goetz
Outreach Workers
Vicki Tier - Playworker
Elaine Peacock
Administrator



We are now on
Facebook, why not add
us as a friend.

For bookable sessions priority is given to families in our reach area. Families who live outside our reach area are added to our reserve list. Please check our website to see if you live in our reach area.



Happy Easter!

What's on March & April

Pine Ridge Children's Centre
Esher Road
Camberley
Surrey GU15 4AL

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www.pineridgeandlorraine.co.uk



SURREY
COUNTY COUNCIL