



# Find activities in your area

## Autumn / winter 2018 Groups for families with children with additional needs and disabilities

All the sessions are free, no **booking is required**, **siblings are welcome** and **your child does not need a diagnosis to attend**.  
 (Little stars does ask for a £5 donation but lunch is provided and family swimming available)

**Sessions underlined shows when a member of the Early Support Team will be attending.**

Mon 22 <sup>nd</sup> Oct	Tues 23 <sup>rd</sup> Oct	Wed 24 <sup>th</sup> Oct	Thurs 25 <sup>th</sup> Oct	Fri 26 <sup>th</sup> Oct
<p>Messy Play 10.00 11.30 York Road CC.</p>	<p>Messy Play 10.00-11.30 Hazel Avenue CC</p> <p>Garden Day 10.00-12.00 York Road CC</p>	<p>0-2 Play and Learn 10.30 – 12.00 Hazel Avenue CC</p> <p>Play and Learn 1.30 – 2.45 Ash Parish Centre GU12 5DP</p> <p><u>Stay and Play Plus</u> <u>10.30-12.30</u> <u>Mytchett CC</u></p>	<p>Garden Day 10.00-12.00 Hazel Avenue CC</p> <p>Lakeside Family Fun Day 11.00 3.00 Lakeside Nature Reserve, Lakeside Road, Ash Lots of free fun activities</p>	<p>Millers Ark at the Hazel Avenue CC Session must be booked via Children's centre £5.00 donation</p> <p>Swimming sessions 10.00- 11.30 (0-7yrs) 1.30-3.30 (0-18mths)</p> <p><u>Stay and Play Plus</u> <u>10.30-12.30</u> <u>Mytchett CC</u></p>
<p>← Half Term →</p> <p>Please note only Mytchett sessions are groups designed specifically for children with additional needs during the half term week</p>				
Mon 29 <sup>th</sup> Oct	Tues 30 <sup>th</sup> Oct	Wed 31 <sup>st</sup> Oct	Thurs 1 <sup>st</sup> Nov	Fri 2 <sup>nd</sup> Nov
<p><u>1.30 – 2.45</u> Ash Grange Play and Learn plus</p>	<p><u>10 – 11.30</u> Sensory Play</p> <p><u>10 – 2pm</u> Little Stars</p>			<p><u>10.00 – 12.00</u> Little Portesberries</p>



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<b>Mon 5th Nov</b>	<b>Tues 6<sup>th</sup> Nov</b> <u>10 – 11.30</u> <b>Sensory Play</b>  <u>10 – 2pm</u> <b>Little Stars</b>	<b>Wed 7<sup>th</sup> Nov</b>  <u>11– 12.30</u> <b>Sythwood</b>	<b>Thurs 8<sup>th</sup> Nov</b>	<b>Fri 9<sup>th</sup> Nov</b>  <u>10.00 – 12.00</u> <b>Little Portesberries</b>
<b>Mon 12<sup>th</sup> Nov</b>	<b>Tues 13<sup>th</sup> Nov</b>  <u>10 – 11.30</u> <b>Sensory Play</b>  <u>10 – 2pm</u> <b>Little Stars</b>	<b>Wed 14<sup>th</sup> Nov</b>	<b>Thurs 15<sup>th</sup> Nov</b>	<b>Fri 16<sup>th</sup> Nov</b>  <u>10.00 – 12.00</u> <b>Little Portesberries</b>
<b>Mon 19<sup>th</sup> Nov</b>	<b>Tues 20<sup>th</sup> Nov</b>  <u>10 – 11.30</u> <b>Sensory Play</b>  <u>10 – 2pm</u> <b>Little Stars</b>	<b>Wed 21<sup>st</sup> Nov</b>	<b>Thurs 22<sup>nd</sup> Nov</b>	<b>Fri 23<sup>rd</sup> Nov</b>  <u>10.00 – 12.00</u> <b>Little Portesberries</b>
<b>Mon 26<sup>th</sup> Nov</b>  <u>1.30 – 2.45</u> <b>Ash Grange Play and</b> <b>Learn plus</b>	<b>Tues 27<sup>th</sup> Nov</b>  <u>10 – 11.30</u> <b>Sensory Play</b>  <u>10 – 2pm</u> <b>Little Stars</b>	<b>Wed 28<sup>th</sup> Nov</b>	<b>Thurs 29<sup>th</sup> Nov</b>	<b>Fri 30<sup>th</sup> Nov</b>  <u>10.00 – 12.00</u> <b>Little Portesberries</b>



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Mon 3 <sup>rd</sup> Dec	Tues 4 <sup>th</sup> Dec	Wed 5 <sup>th</sup> Dec	Thurs 6 <sup>th</sup> Dec	Fri 7 <sup>th</sup> Dec
	<p><b>10 – 11.30</b> <b>Sensory Play</b></p> <p><b>10 – 2pm</b> <b>Little Stars</b></p>	<p><b>11– 12.30</b> <b>Sythwood</b></p>		<p><b>10.00 – 12.00</b> <b>Little Portesberries</b></p>

## Weekend activities and events



**Dimensions Autism Friendly Screenings:** Dimensions work with Odeon, Cineworld, Vue and Showcase cinemas to screen films in a sensory friendly environment for people of all ages to enjoy the cinema.

**Odeon** host theirs **every month on a Sunday.**

**Showcase** hosts theirs every month on the **2<sup>nd</sup> Sunday of the month,**

**Vue** host theirs on the **last Sunday of every month,** 28<sup>th</sup> October 10.15am (Incredibles 2)

**Cineworld** host theirs on **the first Sunday of the month.** 4<sup>th</sup> November 11am (Small Foot)

Find out more on Dimensions website, [click here](#), or call 03003 039001. These screenings can also be of benefit to people who have anxiety, hypervigilance and hallucinations or other conditions as the atmosphere at these screenings is more relaxed and quieter

### Additional Activities:

**360 Play** - Farnborough 360 play Special needs evening

The Meads Shopping Centre, Farnborough, GU14 7GL 01252 519 738

November 2<sup>nd</sup> and December 7<sup>th</sup> 6.30 – 8.30 pm £6.00 per child, adult free. Includes free registration for the family.

Messy play available all day every day, please look at website for more details.

### **Wisley garden centre**

Lots of child led activities running from the 20<sup>th</sup> – 28<sup>th</sup> October 2018 inc. Room on the Broom storytelling and pumpkin carving.

