








## Expressive Arts Ideas for Home Learning

### Festivals, People & Places of the World

#### Sensory / Messy Play

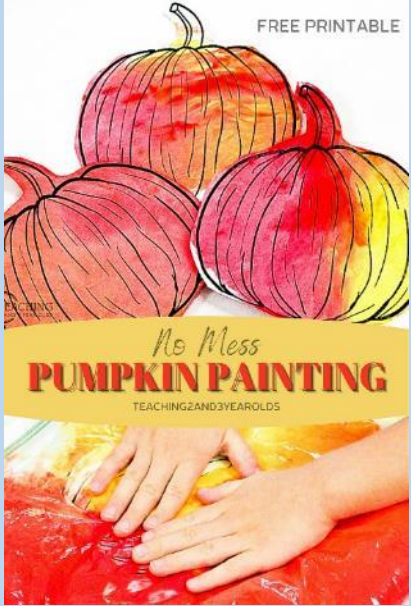


Activity	Resources	Directions
<p>Harvest Sensory Bin</p> 	<ul style="list-style-type: none"> <li>• Rice</li> <li>• Red, Orange, Yellow &amp; Brown food dye</li> <li>• 4 x food bags</li> <li>• Greaseproof paper</li> <li>• Baking trays</li> <li>• 1 x tub / tray</li> <li>• Toy tractors</li> <li>• Natural items; conkers, acorns, pine cones, etc. (If safe for your young person)</li> </ul>	<p>PRE-PREP</p> <ol style="list-style-type: none"> <li>1. Split rice between bags.</li> <li>2. Add food colouring; red bag, yellow bag, orange bag &amp; brown bag.</li> <li>3. Seal bags with minimal air in, and squish about to spread the colouring.</li> <li>4. Tip onto baking paper on a tray to dry.</li> </ol> <p>ACTIVITY</p> <ol style="list-style-type: none"> <li>5. Add rice, tractors &amp; natural items to tub / tray</li> <li>6. Play!</li> </ol>
<p>Rangoli rice play</p> 	<ul style="list-style-type: none"> <li>• Rice</li> <li>• Brightly coloured food dye</li> <li>• Food or freezer bags</li> <li>• Baking paper</li> <li>• Baking trays</li> <li>• Tub or tray</li> <li>• Cutlery, teapots, cups, etc</li> </ul>	<p>PRE-PREP</p> <ol style="list-style-type: none"> <li>1. Split rice between bags.</li> <li>2. Add food colouring into separate bags</li> <li>3. Seal bags with minimal air in, and squish about to spread the colouring.</li> <li>4. Tip onto baking paper on a tray to dry.</li> </ol> <p>ACTIVITY</p> <ol style="list-style-type: none"> <li>1. Pour rice onto tray / tub in a Rangoli-type pattern</li> <li>2. Put cutlery, teapots, cups, etc out</li> <li>3. Play!</li> </ol>
<p>Foam Fireworks</p> 	<ul style="list-style-type: none"> <li>• Shaving foam / kids squirty soap</li> <li>• Brightly coloured Paint or Food Colouring</li> <li>• Cotton buds</li> <li>• Pan with Low Sides</li> <li>• Stiff Paper or Cardboard</li> </ul>	<ol style="list-style-type: none"> <li>1. Squirt the shaving foam / kids soap into the pan</li> <li>2. Use the stiff paper or cardboard to smooth out the shaving foam / soap into an even layer</li> <li>3. Drop paint / food colouring dots all over the foam / soap</li> <li>4. Take a cotton bud and start in the center drawing straight out, like making the rays on a sun. After doing so, you can use one drop of the opposite color in the middle for a cool, two-tone firework.</li> <li>5. Play!</li> </ol>





<p>Poppy Colour Tray</p> 	<ul style="list-style-type: none"> <li>• Red paper in the shape of a poppy</li> <li>• Black circle of paper</li> <li>• Red &amp; black objects</li> </ul>	<ol style="list-style-type: none"> <li>1. Place poppy and centre in the tray</li> <li>2. Place coloured objects on corresponding coloured part of the poppy</li> <li>3. Explore</li> </ol>
<p>Pudsey Messy Play!</p> 	<ul style="list-style-type: none"> <li>• Custard</li> <li>• Colourful balloons</li> <li>• Tub or tray</li> </ul>	<ol style="list-style-type: none"> <li>1. Pour the custard into the tub / tray</li> <li>2. Partly blow up the balloons and place into the tub / tray</li> <li>3. Play!</li> </ol>
<p>Hanukkah Sensory Bin</p> 	<ul style="list-style-type: none"> <li>• Rice</li> <li>• Blue food dye</li> <li>• Candles</li> <li>• Coins / chocolate coins</li> <li>• Stars – cutters, cut outs, sheriffs badge, etc.</li> <li>• Home – cutters, cut-outs, etc.</li> <li>• Tub or tray</li> <li>• Food or freezer bag</li> <li>• Lined baking tray</li> </ul>	<p>PRE-PREP</p> <ol style="list-style-type: none"> <li>1. Put the rice into the freezer bag.</li> <li>2. Pour in the blue dye.</li> <li>3. Squish about to coat rice</li> <li>4. Pour onto lined baking tray to dry</li> </ol> <p>ACTIVITY</p> <ol style="list-style-type: none"> <li>1. Pour the rice into the tub or tray</li> <li>2. Add candles, stars, coins, home</li> <li>3. Play!</li> </ol>
<p>Christmas Sensory Bin</p> 	<ul style="list-style-type: none"> <li>• Tub or tray</li> <li>• Red, green, gold &amp; silver Christmassy items; gift bows, pom-poms, baubles, candy canes, chocolate coins, stockings, etc</li> <li>• Tongs, cups, ice cube trays</li> </ul>	<ol style="list-style-type: none"> <li>1. Put everything in the tub or tray</li> <li>2. Play! Use tongs to pick things up and put them in the cups, or maybe “sprinkle” the items in the box over your child's hands, etc</li> </ol>

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#### Art






Activity	Resources	Directions
<p>No mess Pumpkin Art</p> 	<ul style="list-style-type: none"> <li>• Red paint</li> <li>• Yellow paint</li> <li>• Large plastic storage or freezer bag (that fit the pumpkin picture inside)</li> <li>• Pumpkin picture, cut out</li> </ul>	<ol style="list-style-type: none"> <li>1. Place the pumpkin picture into the bag</li> <li>2. Squirt in the red and yellow paint</li> <li>3. Seal the bag with minimal air inside</li> <li>4. Squish the paint about and cover the pumpkin!</li> <li>5. Pull out the pumpkin and leave to dry</li> </ol>
<p>Diva Lamp for Diwali</p> 	<ul style="list-style-type: none"> <li>• Paper plate</li> <li>• Bright coloured paint</li> <li>• Gems, sequins or coloured paper to stick on</li> <li>• Red, white &amp; yellow paper</li> </ul>	<ol style="list-style-type: none"> <li>1. Paint the plate a bright colour and leave to dry</li> <li>2. Once dry, decorate with gems, sequins or coloured paper</li> <li>3. Cut out a candle shape from the white paper, and flame shapes from the red and yellow paper</li> <li>4. Fold the paper plate in half and stick the candle in the centre of the folded edge</li> </ol>
<p>Fireworks</p> 	<ul style="list-style-type: none"> <li>• Cardboard tubes</li> <li>• Bright coloured paints</li> <li>• White or black paper</li> <li>• Paper plates / paint trays</li> <li>• Scissors</li> </ul>	<p>Pre-PREP</p> <ol style="list-style-type: none"> <li>1. Snip the cardboard tubes from the end, making "strips" at one end.</li> <li>2. Squirt the paint onto the plates / trays.</li> <li>3. Splay out the snipped ends of the tube and place onto the paint</li> </ol> <p>ACTIVITY</p> <ol style="list-style-type: none"> <li>1. Take the tubes from the paint and print onto the paper.</li> <li>2. Overlay the colours to make bright fireworks</li> </ol>
<p>Field of Poppies thumb prints</p>	<ul style="list-style-type: none"> <li>• Red paint</li> <li>• Black paint</li> <li>• Green paper (white will be fine)</li> <li>• Green pen</li> </ul>	<ol style="list-style-type: none"> <li>1. Print two red thumbprints, one below the other. Repeat all over the paper.</li> <li>2. With your little finger, add black centres to the poppies.</li> </ol>

		<ol style="list-style-type: none"> <li>When the poppies are dry, draw on stems.</li> </ol>
<p>Pudsey plates</p> 	<ul style="list-style-type: none"> <li>Paper plate</li> <li>Yellow paper, paint or colouring pens / pencils</li> <li>Red, yellow, blue, green &amp; black paint or colouring pens / pencils</li> <li>White paper</li> <li>Scissors</li> </ul>	<ol style="list-style-type: none"> <li>Cover the plate in yellow paint, pieces of paper or colour with pens / pencils</li> <li>Cut out two yellow circles and stick on for ears</li> <li>Cut out the white paper to make a bandage</li> <li>Finger paint / draw with pens / pencils coloured spots on the bandage</li> <li>Draw Pudsey's features with black pen / pencil</li> <li>Cover Pudsey's right eye with the bandage</li> </ol>
<p>Menorah for Hanukkah</p> 	<ul style="list-style-type: none"> <li>Two empty 12 section egg boxes</li> <li>8 tealights</li> <li>Empty yoghurt pot</li> <li>Tall candle</li> <li>Paint</li> </ul>	<ol style="list-style-type: none"> <li>Trim the egg boxes so that there are 4 sections on each box</li> <li>Paint the egg boxes in bright paint</li> <li>Paint the yoghurt pot white. Once dry, paint on a blue Star of David</li> <li>Add the tealights to the egg box, and the tall candle to the yoghurt pot</li> </ol>
<p>Festive Paper Plates!</p> 	<ul style="list-style-type: none"> <li>Paper plates</li> <li>Cotton wool</li> <li>Glue</li> <li>Coloured pens &amp; pencils</li> <li>Pipe cleaners (for antlers!)</li> <li>Pom-poms</li> <li>Paper</li> </ul>	<ol style="list-style-type: none"> <li>Pick a character to make</li> <li>Use a paper plate for the face and add 3D features; beard (Father Christmas), antlers (reindeer), wooly hat (snowman) etc</li> <li>Get creative!</li> </ol>

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Music

Song	Location
<p>If You're Happy and you Know it</p> 	<p><a href="https://www.youtube.com/watch?v=71hqRT9U0wg&amp;list=PL0maGUp7cdUkPJgFg9PL0CAqzSDsWo2UR&amp;index=3">https://www.youtube.com/watch?v=71hqRT9U0wg&amp;list=PL0maGUp7cdUkPJgFg9PL0CAqzSDsWo2UR&amp;index=3</a></p>
<p>Harvest Samba (Makaton)</p> 	<p><a href="https://www.youtube.com/watch?v=UtbpkthPPBQ">https://www.youtube.com/watch?v=UtbpkthPPBQ</a></p>
<p>CBeebies My First Harvest Festival</p> 	<p><a href="https://www.youtube.com/watch?v=XJoDLA844-0">https://www.youtube.com/watch?v=XJoDLA844-0</a></p> <p>(Short information video as opposed to a song)</p>
<p>Diwali Song</p> 	<p><a href="https://www.youtube.com/watch?v=KZU6M4EisyA">https://www.youtube.com/watch?v=KZU6M4EisyA</a></p>
<p>CBeebies My First Diwali</p> 	<p><a href="https://www.youtube.com/watch?v=zXIZpwCaFxl">https://www.youtube.com/watch?v=zXIZpwCaFxl</a></p> <p>(Short information video as opposed to a song)</p>
<p>Bonfire Night Song</p>	<p><a href="https://www.youtube.com/watch?v=YydmLDvGlp4">https://www.youtube.com/watch?v=YydmLDvGlp4</a></p>



Poppies – CBBC Remembrance

<https://www.youtube.com/watch?v=wOT5CDnYHEs>



Pudsey & Pudsey!

<https://www.youtube.com/watch?v=Bp8AKt19k3c>



CBeebies My First Hanukkah

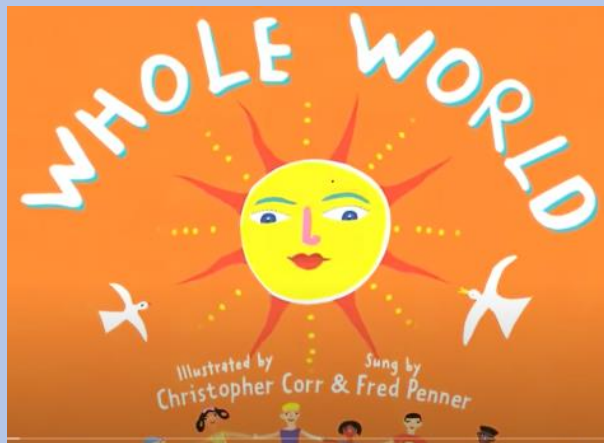
<https://www.youtube.com/watch?v=tstRrJpMT5c>



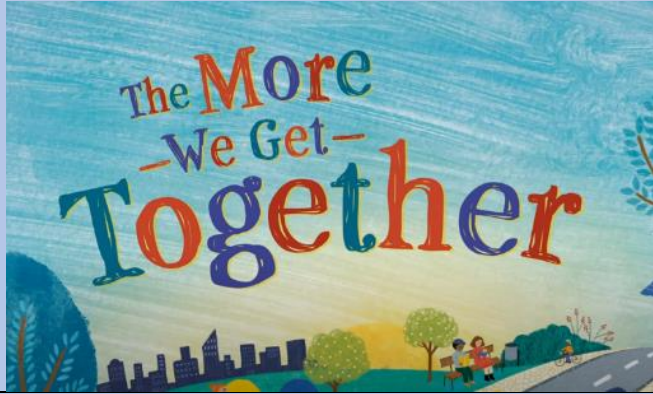
(Short information video as opposed to a song)

Whole World

<https://www.youtube.com/watch?v=ODftYTD3Rbs>



The More we Get Together



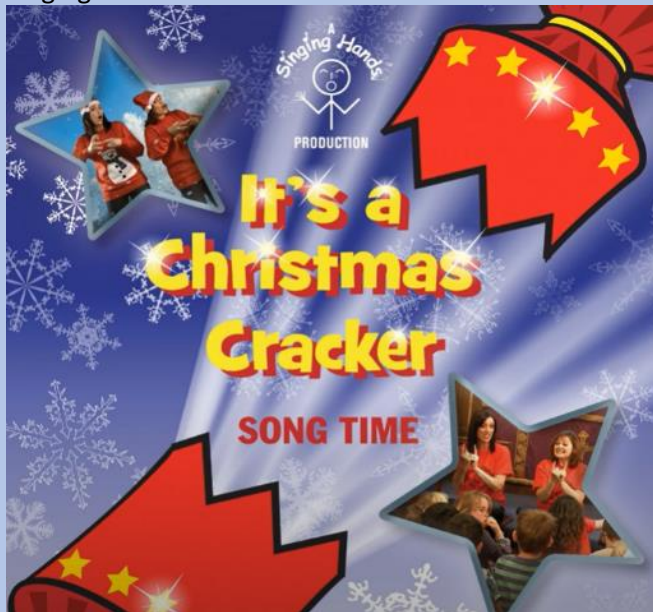
<https://www.youtube.com/watch?v=ynlmvWAdCug>

CBeebies Christmas Song Compilation



<https://www.youtube.com/watch?v=1ndZYYRDkms>

Singing Hands Christmas



<https://www.youtube.com/c/SingingHandsUK/search?q=christmas>

(A variety of Makaton signed videos to choose from!)